



A HEALTHY START TO KINDERGARTEN

Entering school is a major milestone in your child's life. It is important for your child to be in good health for school. We can help your child to have a healthy start with:

IMMUNIZATIONS

Kindergarten students must show proof of having had the required childhood immunizations for Michigan school settings by the first day of school. Parents wishing to waive immunizations for religious or philosophical reasons must make an appointment at the local health department for waiver education. Students with true medical contraindications to immunizations must see their doctor to receive a *Medical Contraindication Waiver Form*. The Health Department provides FREE immunizations to children without health insurance and bills Medicaid Healthy Kids, MICHild, and several private insurances. Call 1-800-432-4121 for more information.

HEARING AND VISION SCREENINGS

Your child's ability to see and hear is very important to the learning process. **A vision test is required prior to school entry.** Appointments are available in each county for free vision and hearing screening. In cooperation with your local school district, hearing and vision testing is offered through your child's school years according to the following schedule:

Vision: Preschool, grades K, 1, 3, 5, 7 and 9.

Hearing: Preschool, K, grades 2 and 4.

PHYSICAL EXAM

Your school may require a physical exam for school entry. You are encouraged to make an appointment with your family physician.

DENTAL HEALTH SERVICES

Children over the age of one year should see a dentist every 6 months. You are encouraged to make an appointment with your family dentist. If your child has Medicaid/Healthy Kids Dental (Delta Dental) or MICHild dental insurance, Health Department of Northwest Michigan - Dental Clinics North has dental clinics in Alpena, Cheboygan, East Jordan, Gaylord, Mancelona, Petoskey, Traverse City, and West Branch. Appointments are available by calling 1-877-321-7070.

MEDICAID HEALTHY KIDS & MICHild

Healthy Kids provides free health insurance coverage for pregnant women and children ages 0 to 19. Coverage can include doctor visits, lab fees, prescriptions, hospital expenses and any other services normally covered by Medicaid. The income allowance for Healthy Kids is higher for pregnant women and infants up to their 1st birthday (\$4,258 per month for a family of 4; \$3,493 for a family of 4 with children ages 1 to 19).

MICHild is a health insurance program for uninsured children ages 0-19. A family's income must be considered and a family of 4 with a monthly income less than \$4,629 is eligible. Doctor visits, immunizations, prescriptions, dental, vision & hospital care are all covered. The cost is \$10.00 per child with a maximum of \$20 per family. If you have another insurance with high deductibles, you may still qualify for MICHild. For more information, questions about whether you qualify, or an application, please call 1-800-432-4121.

WOMEN, INFANTS AND CHILDREN (WIC)

The WIC program is a special food and nutrition program for pregnant women, breastfeeding women, women who have had a baby in the last six months, infants, and children up to age five. All WIC clients, parents and their caregivers are offered nutrition education. Topics may include infant feeding, meal planning or making healthy food choices. Information about how children grow and develop, and how to access community resources is also available. WIC provides free foods such as: milk, yogurt, juice, cheese, eggs, cereal, peanut butter, fruits and vegetables, juice, tuna, infant formula, and infant cereal. A family of 4 with a monthly income less than \$4,039 may be eligible. For more information or an appointment, please call 1-800-432-4121.

No health insurance? Assistance in applying for free or low cost health insurance is available by calling the Health Department at 1-800-432-4121. No child is denied immunizations due to an inability to pay. Contact your child's primary care provider or your local health department if you have any questions or would like to schedule an appointment.

CDC Recommended Childhood and Adolescent Immunization Schedule

UNITED STATES, 2021

Range of recommended ages
 Catch-up Immunization

Vaccine	Age 4	Birth	1 mo	2 mos	4 mos	6 mos	9 mos	12 mos	15 mos	18 mos	19-23 mos	2-3 years	4-6 years	7-10 years	11-12 years	13-15 years	16 years	17-18 years	
Hepatitis B	Hep B	HepB				HepB													
Rotavirus			RV	RV	RV														
Diphtheria, Tetanus, Pertussis			DTaP	DTaP	DTaP				DTaP				DTaP						
Tetanus, Diphtheria, Pertussis															Tdap				
Haemophilus influenza type b			Hib	Hib	Hib		Hib												
Inactivated Polio Virus			IPV	IPV	IPV									IPV					
Measles, Mumps, Rubella							MMR						MMR						
Varicella							Varicella						Varicella						
Meningococcal															MCV 4		MCV 4		
Meningococcal B																			
Pneumococcal			PCV	PCV	PCV		PCV												
Influenza					Annual vaccination – 6 months to 8 years 1 or 2 doses										Annual vaccination – 9 years or older 1 dose only				
Influenza (LAIV)												Annual Vaccination 1 or 2 doses		Annual vaccination – 9 years or older 1 dose only					
Hepatitis A							HepA Series (2 doses)												
Human Papillomavirus															HPV				

Approved by the Advisory Committee on Immunization Practices (ACIP), the American Academy of Pediatrics (AAP), and the American Academy of Family Physicians (AAFP).

**FOR AN APPOINTMENT AT ANY OF THE FOLLOWING LOCATIONS,
PLEASE CALL 1-800-432-4121**

BELLAIRE	HEALTH DEPARTMENT – 209 Portage Dr.
BOYNE CITY	BOYNE CITY EDUCATION CENTER – 321 S. Park St.
CHARLEVOIX	HEALTH DEPARTMENT – 220 W. Garfield
GAYLORD	HEALTH DEPARTMENT – 95 Livingston Blvd.
MANCELONA	FAMILY RESOURCE CENTER – 205 Grove St.
PETOSKEY	HEALTH DEPARTMENT – 3434 M-119, Suite A
PELLSTON	HORNET HEALTH CENTER – 172 Park St.